

Are You At Risk for
The Silent Thief of Sight?

For Immediate Release

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It can come with no warning and no noticeable symptoms. It is the second most common cause of blindness in the United States. "IT" is Glaucoma, the Silent Thief of Sight, according to Dr. Daniel L. Mason, Therapeutic Optometrist

"January is National Glaucoma Awareness Month and we encourage all people, especially those at higher risk for this disease, to familiarize themselves with the potential symptoms and need for regular eye examinations" Dr. Mason said. "A regular eye examination is especially critical since a person with early-stage Glaucoma may not notice any symptoms at all."

Dr. Mason added that while the early stage symptoms may not be noticeable, persons with more advanced Glaucoma may notice blurred vision, the presence of halos around lights, loss of peripheral vision and difficulty focusing on objects.

"Glaucoma affects an estimated 4 million Americans," Dr. Mason said. Some people are more at risk than others. Those at higher risk include:

- People over the age of 60
- African-Americans over age 40
- People with diabetes
- Individuals that have experienced a serious eye injury
- Anyone with a family history of glaucoma

"While there is no cure for Glaucoma, early detection and treatment can slow or prevent further vision loss," Dr. Mason said. "First and foremost in the process is a comprehensive eye health exam by your family eye doctor."

Dr. Mason owns and practices at Bonita Point Family Optometry located at 180 Otay Lakes Rd. Suite 201 in Bonita, CA and is a member of Vision Source, the nation's number one network of private practice optometrists. Founded in 1991, The Vision Source network includes more than 2,300 offices in all 50 states and in Canada.

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