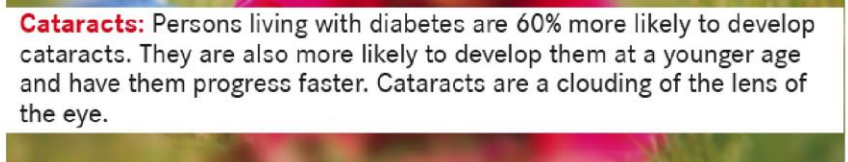
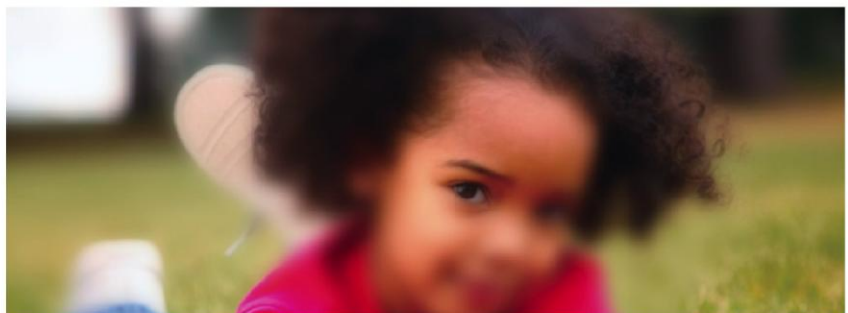
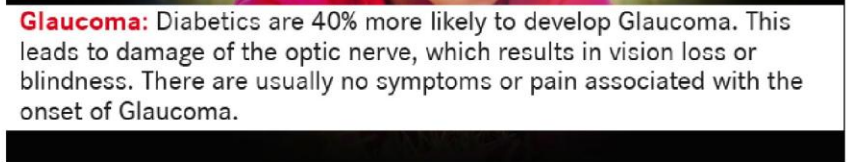


DIABETES IS A TRIPLE THREAT TO YOUR VISION

Diabetes causes many health problems, not the least of which affect vision. Persons living with diabetes are especially at risk of developing:

Diabetic Retinopathy
Glaucoma
Cataracts

If you have diabetes, or a family history of diabetes, you should have a dilated eye exam or retinal scan once a year. Also, follow your physician's regimen for controlling your blood sugar level. A major study has shown that better control of blood sugar slows the onset and progression of diabetic eye disease.



Bonita Point Family Optometry
Dr. Daniel L. Mason, Optometrist
180 Otay Lakes Rd., Suite 201, Bonita, CA 91902
(619) 267-9900 www.cvopt.com

Vision Source![®]